

Enjoy healthy eating and living style !



Contact with us: [www.asiafresh.net](http://www.asiafresh.net)

## DRIED FRUITS FROM CHILE

Chile is one of the best growers of raisins, walnuts, almonds, prunes and other dried and dehydrated products in the world. The moderate temperatures and arid climate of the Chilean summer provides ideal conditions for the production of dried fruits.



## HEALTH BENEFITS OF DRIED FRUITS

Traditional dried fruits such as raisins, walnuts, almonds and prunes provide a wealth of nutritional benefits and are considered side by side with recommendations for daily fruit intake.

Dried fruits can also help in maintaining a healthy weight, and are the perfect snack at any occasion. Diets incorporating dried fruits have been linked with lower rates of obesity, diabetes, and cancer.

*We select the best available dried fruits with all our Asia standard's expertise:*

## RAISINS



**Golden Thompson  
Seedless**



**Natural Thompson  
Seedless**



**Flame Seedless**



**Autumn Royal  
(other black color raisins)**



**Crimson Seedless**



**Superior Seedless**



**Red Globe**



**Availability:** April to November.



**Packaging Formats:** 10 Kgs. net weight bulk carton boxes.

## WALNUTS



**Serr**  
*(Shelled and Inshell)*



**Chandler**  
*(Shelled and Inshell)*



**Availability:** April to November.



**KERNELS - Packaging format:** 10 Kgs. net weight bulk carton boxes.

**INSHELL - Packaging format:** 25 Kgs. net weight bags.

# ALMONDS



**Nonpareil**

*(Inshell and Shelled natural and sliced)*



**Carmel**

*(Inshell and Shelled natural and sliced)*



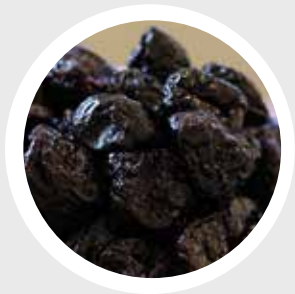
**Availability:** April to November.



**SHELLED - Packaging format:** 10 Kgs. net weight bulk carton boxes.

**INSHELL - Packaging format:** 25 Kgs. net weight bags.

# PRUNES



**Pitted**

*(Natural condition & tenderized)*



**Unpitted**

*(Natural condition & tenderized)*



**Availability:** March to November.



**Packaging format:** 10 Kgs. net weight bulk carton boxes.

# BLUEBERRIES



**Infused Dried**



**Availability:** April to September.



**High density polyethylene sealed bags:** 2 Kgs. net weight in 10 Kgs. boxes.

**High density polyethylene sealed bags:** 2 Kgs. net weight in 12 Kgs. boxes.

! ENJOY CHILEAN DRIED FRUITS !



## Contact Information

ASIA FRESH LTDA.

Mr. Pablo Escalona B.

pescalonab@asiafresh.net

[www.asiafresh.net](http://www.asiafresh.net)